

Step out this spring with confidence

With the arrival of spring and warmer days, it's time to do something about tired aching legs, unsightly varicose and thread veins and step out with confidence. In a career spanning more than 27 years, vascular surgeon Michael Gaunt (pictured) explains how simple procedures can make a fundamental difference to a person's life.

"I have patients who used to avoid wearing dresses, shorts or swimsuits because they were embarrassed by how their legs looked. I have also treated male and female patients who felt too self-conscious to play sport due to their 'terrible varicose veins', not realising that these veins also adversely affect sporting performance."

Michael Gaunt specialises in the minimally invasive treatment of varicose and thread veins using the Endovenous Laser and ClariVein techniques and is one of the most experienced surgeons in the UK. A local consultant with private practices in Bury St Edmunds, Cambridge and Norwich, as well as Harley Street, he offers personalised treatment and aftercare.

"Modern treatment is straightforward and you could be returning to work

within one or two days - the difference can be life-changing."

An initial assessment always involves comprehensive ultrasound scanning, which provides a detailed picture of where the problematic veins are, allowing Mr Gaunt to create a bespoke plan for treatment and post-operative care.

"When you consider that one person in four is affected in some way by varicose veins, it is clear that simple procedures can actually make a big difference to a patient's lifestyle."

If you are worried about varicose veins and thread veins, Mr Gaunt offers mini-consultations where he performs an initial assessment and gives an indication of the treatment options available. You may book a consultation in Bury St Edmunds, London, Cambridge or Norwich. The mini-consultations cost just £95. Full consultations are also available.

■ More information is available from www.michaelgaunt.com or by calling his private secretary on 01223 305858

