

New Year's resolution - new legs, new you!

It is estimated that 20 per cent of the population suffer from varicose veins and other similar conditions which are not only uncomfortable but unsightly too. The condition affects just as many men as women but the good news is that a pioneering Suffolk and Cambridge-based surgeon can help you back to health



"What better way to start 2010 than with treatment that can make you feel younger, beautiful and confident again?" asks renowned award-winning vascular surgeon, Michael Gaunt, who believes too many people are ignoring their varicose veins problems – and paying the price.

Michael performs more than 500 procedures a year privately on varicose veins and also thread veins, often caused by wear and tear on the skin and is a pioneer of the endovenous laser technique at Bury St Edmunds BMI Hospital and The Spire Lea Hospital in Cambridge.

Part of his campaign to encourage sufferers to seek help, particularly men who are often less likely to pay attention to the problem or simply wear trousers to cover up the condition, is to reassure people that the treatment is no longer so painful, will not keep them away from work for long periods of time and will not cost the earth.

"I have performed over two thousand minimally invasive techniques including endovenous laser, venous closure and foam sclerotherapy – with amazing results," he said.

"Because there are minimal incisions, there is less pain, less discomfort and people are back on their feet almost immediately."

He said the use of ultrasound has revolutionised varicose vein treatment as it allows him to accurately map the veins, find out exactly what is going on and plan the most appropriate treatment. With figures suggesting one in five of the population will suffer from varicose veins, Mr Gaunt said early treatment was

essential. Ignoring the problems can often lead to much greater problems such as venous eczema, venous ulceration and even, in the worst case example, amputation of the leg. In the NHS he works at both at Addenbrooke's Hospital, Cambridge and West Suffolk Hospital in Bury St Edmunds and heads an active research laboratory at Cambridge University. Privately, Michael treats patients at the Cambridge Spire Lea Hospital, the Cambridge Nuffield Hospital, and the Bury St Edmunds BMI Hospital. He explained: "Treating varicose veins once required major surgery, a general anaesthetic and a hospital stay. "But this is no longer the case. Modern techniques can be performed under local anaesthetic, with pin-hole

“

Because there are minimal incisions, there is less pain, less discomfort and people are back on their feet almost immediately.

”

incisions, a four-hour stay in hospital with a return to work within one or two days rather than weeks. If you go to the right person, you can be back on your feet in no time."

Michael Gaunt is a highly qualified vascular surgeon and leading expert in the field of venous and arterial conditions. He is a leading surgeon at the Addenbrooke Vascular Unit which serves a population in excess of 900,000 and receives referrals from across the East of England and beyond.

Mr. Gaunt has also lectured on Endovenous Laser to other surgeons – and trained them in the technique – in such places as Brazil, Madrid and Paris. He was the first surgeon in the UK to perform the latest available laser technique which avoids the need to

insert local anesthetic, making the procedure even less invasive. “Sorting out any problems you might have with varicose veins or thread veins could be the ideal New Year’s resolution,” he said.

To find out more please go to www.michaelgaunt.com or by calling 01223 305858.

Mr Michael Gaunt

Consultant Vascular Surgeon
Varicose and Thread Vein

Michael Gaunt: A distinguished career

MICHAEL Gaunt is an award-winning surgeon specialising in varicose conditions and operations.

- In a medical career that is approaching its 30th year, he now performs more than 500 operations a year – both with the NHS and privately.
- He works at both the Cambridge Vascular Unit, at Addenbrooke’s Hospital and West Suffolk Hospital in Bury St Edmunds and treats up to 2,000 patients every year.
- He heads an active research laboratory at Addenbrooke’s Hospital and is an associate Lecturer and Senior Visiting Research Fellow at Cambridge University.
- Michael is a recognised expert in Endovenous Laser Ablation varicose vein treatment and has to date completed more than 2000 of these procedures in the private sector. This makes him one of the most experienced surgeons in the Endovenous Laser technique in the UK.
- He has also lectured and trained other surgeons on the techniques associated with Endovenous Laser – in such places as Brazil, Madrid and Paris.
- Michael was the first surgeon to perform the latest available laser technique which avoids the need to insert tumescent local anaesthetic, making the procedure even less invasive.
- He is also highly experienced in preparing medicolegal reports and advising solicitors and barristers all over the country on a wide range of vascular and general surgical conditions.
- Away from work, he is married with two children and enjoys running, keeping fit, watching football, reading and gardening.
- During a distinguished and far-reaching career, Michael has won numerous awards and published many scientific papers making him an expert in his field.