

Troubled by painful or unsightly veins? Mr Michael Gaunt will put the bounce back into your step

earning to alter our physical appearance need not be about wanting to look outstandingly beautiful. It can be the very opposite - the desire to look like everyone else. As a specialist in the minimally invasive treatment of varicose veins, Mr Michael Gaunt completely understands his patients' distress. 'The psychological impact of unsightly veins is vastly underestimated,' says Mr Gaunt.

His empathic words typify his friendly manner, which all his patients can rely on encountering - because anyone booking a consultation is seen by Mr Gaunt specifically. He performs all consultations and procedures, guaranteeing patients receive tailored treatments and benefit from his wealth of experience.

In his case, that experience is notable, as he is a nationally and internationally recognised vascular surgeon with more than 30 years' clinical experience across the NHS and the private sector. He now has private clinics based in London, Cambridge, Bury St Edmunds and Norwich. Before becoming a full-time private practitioner

in 2013, Mr Gaunt worked in the NHS for 25 vears, including 12 years as a consultant vascular surgeon at Addenbrooke's Hospital in Cambridge. He is also a senior anatomy demonstrator at the University of Cambridge and has conducted multiple award-winning research at national and international level.

Mr Gaunt treats medical and cosmetic conditions from unsightly thread veins, spider veins, red veins and facial veins, through to infected venous ulcers and deep vein thrombosis. He has performed more than 5,000 procedures, including endovenous laser ablation (EVLA) and ClariVein. He also performs ultrasound-guided foam sclerotherapy, microsclerotherapy and VeinWave techniques enabling the minimally invasive treatment of veins from the very largest to the very smallest. Procedures are performed within a hospital setting, and with a choice of local or general anaesthetic. Whether it's a spidery blotch that's bothering you or a more noticeable network of swollen veins, he insists on an ultrasound - and, of course, does it himself.

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Mr Michael Gaunt

An award-winning and experienced vascular surgeon who is regarded as a leader in his field, Mr Gaunt is a recognised expert in the virtually painless Endovenous Laser Ablation varicose vein treatment.

'Each patient is a different puzzle,' he says. 'The veins themselves are just the tip of the iceberg - we need to see exactly where they are coming from before deciding upon the most suitable treatment.' That might be EVLA (administered in the vein, the heat breaking down the lining), ClariVein (a tiny wire causes micro-tears to the vein wall, while a chemical solution closes it down), or foam sclerotherapy (a foam is injected into the veins, causing them to collapse and form fibrous tissue).

Meanwhile, because he has a delightful way of explaining what he's doing ('Veins are like upside-down trees: you need to get the trunk before you try to pull out the branches'), the whole process is oddly enjoyable. Treatment complete, it's not just the veins that have disappeared but the night cramps, the heaviness, and the familiar dread as the summer draws near. Freedom from varicose veins really does feel like